CORNWALL COUNCIL

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Tide Tables 2024

For the Ports of Falmouth, Truro and Penryn

www.cornwallharbours.co.uk

USE THE WATER SAFELY!

Be seen at night. Display navigation lights

Wearing a killcord saves lives

Be considerate - Don't be a hazard to others with speed or wash

Lifejackets are useless unless worn

Car or Boat don't drink and drive

Harbour Authority Contact Information

Organisation	Phone	Call Sign	VHF
Falmouth Harbour	01326 213537	Falmouth Harbour Radio	12
Truro Harbour	01872 224231	Carrick 1	12
St Mawes Harbour	01326 270553	St Mawes Harbour	12
Falmouth Docks	01326 214666	Spindrift	11

Predictions of Tide Heights are referred uniformly to Chart Datum, which is approximately the level of the lowest spring tides.

GREENWICH MEAN TIME IS QUOTED THROUGHOUT

(Please add one hour for British Summer Time)

PHASES OF THE MOON

Full Moon ❍ New Moon ● For other ports add or subtract time specified

Brest	- 1hr. 7 mins.
Bristol (Avonmouth)	+ 1 hr. 58 mins.
Cardiff	+ 1 hr. 42 mins.
Coverack	- 5 mins.
Cherbourg	+2 hrs. 50 mins.
Cork	+35 mins.
Dublin	-5 hrs. 42 mins.
Dartmouth	+58 mins.
Dover	+6 hrs. 2 mins.
Fowey	+18 mins.
Helford River Entrance	-2 mins.
Le Havre	+4 hrs. 55 mins.
Lorient	-1 hr. 19 mins.
Newquay	- 5 mins.
Padstow	+ 5 mins.
Penzance (Newlyn)	- 22 mins.
Portland	+1 hr. 35 mins.
Perranporth	- 10 mins.
Plymouth Breakwater	+ 24 mins.
Roscoff	- 11 mins.
Scillies (St. Mary's)	- 20 mins.
St. Agnes Head	- 11 mins.
St. Ives	- 15 mins.
St. Peter Port	+ 1 hr. 19 mins.
St. Mawes	As Falmouth
Truro	+ 8 mins.
Ushant (Baie de Lampaul)	-1 hr. 5 mins.

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Cornwall Harbours Board & Harbour Authority

In 2023 the Cornwall Harbours Harbour Revision Order was made bringing together all of Cornwall's Municipal Harbours under one legal structure. Through an MOU, with Cornwall Council, Cornwall Harbours Board was formed in September 2023. Cornwall Harbours Board, a Harbour Management Committee, is responsible for the operation of all of the municipal ports and harbours in Cornwall which includes Bude, Newquay, Portreath, St Ives, Penzance, Prince of Wales Pier (Falmouth), Penryn, Truro, Portscatho and Portwrinkle. Other assets that the Maritime Service are responsible for include Saltash and Downderry.

Cornwall Harbours Board consists of 12 members, with six being Councillors and six Independent Board members who are appointed following a skills audit. There are also non-voting, co-opted members, who are stakeholder representatives, appointed to it. Cornwall Harbours Board reports to the Full Council who are the Duty Holder.

Our harbours are of a varying size and operation, with some offering commercial facilities and others more related to the fishing industry or leisure market. The principle of the Harbour Revision Order is to create a self-sustaining portfolio of harbours. Our harbours are financed through income generated within the boundaries established in the Harbour Order of each harbour. Any surplus generated across the harbours is deposited into a reserve account that is ring fenced, meaning this can only be spent within the statutory harbour areas.

Those functions that fall within the duties of a Harbour Authority include:

- General duties and powers: For the purposes of the Code, the duty holder should ensure that the harbour authority or organisation discharges its responsibilities for:
- Safe and efficient port marine operations: Having regard to the efficiency, economy and safety of operation of the services and facilities provided as well as ensuring that appropriate resources are made available for discharging their marine safety obligations.
- Open Port duty: Taking reasonable care, so long as the harbour or facility is open for public use, that all who may choose to navigate in it may do so without danger to their lives or property.
- Conservancy duty: Conserving the harbour or facility so that it is fit for use; this duty also includes providing users with adequate information about conditions in the harbour or facility.
- Revising duties and powers: The harbour authority should keep its powers and jurisdiction under review and take account of the various mechanisms, such as harbour orders, which are available to amend statutory powers in an authority's local legislation.
- Environmental duty: Exercise its applicable functions with regard to nature conservation and other environmental considerations.
- Civil Contingencies duty: Take account of the organisation's responsibilities under the Civil Contingencies Act 2004 including planning, preparing and co-ordinating responses to emergencies which threaten serious damage to human welfare, the environment or security.
- Harbour authority powers: Harbour authorities must be aware of their statutory powers and responsibilities under both primary and secondary legislation.
- Powers of Direction: Powers to direct vessels are available and should be used where appropriate to support safe navigation.
- Regulation of dangerous vessels and substances: Dangerous vessels and dangerous substances (including pollution) must be effectively managed.
- Pilotage: A pilotage service must be provided if required in the interests of safety as determined by risk assessment.
- Local lighthouse authorities: All statutory harbour authorities and some other organisations have duties and powers as local lighthouse authorities. Aids to navigation must be provided (as necessary), properly maintained and any danger to navigation from wrecks, obstructions or changes in the navigable waterway managed effectively.

For more information on Cornwall Harbours Board, including regular news updates please see – www.cornwallharbours.co.uk

Maritime Section, Town Quay, Truro, Cornwall TR1 2HJ
Tel: 01872 224231
E-mail: harbouroffice@cornwall.gov.uk
Website: www.cornwallharbours.co.uk

USEFUL TELEPHONE NUMBERS

CORNWALL COUNCIL
Truro & Penryn Harbour: 01872 224231
Portscatho Harbour: 01872 580243
Prince of Wales Pier: 01326 314189 during April to October

FALMOUTH HARBOUR COMMISSIONERS:
Harbour: 01326 213537
Leisure: 01326 310990
Pilot Enquiries: 01326 213533
Pilot Operations: 01326 211395

ST. MAWES HARBOUR:
Harbour Master: 01326 270553

H.M. COASTGUARD:
Emergency: 999
Falmouth Coastguard: 01326 317575

H.M. CUSTOMS & EXCISE:
National Yachtline: 0300 123 2012
Switchboard: 0300 123 2012
Emergency General Aviation Report: 0845 723 1110

CORNWALL PORT HEALTH AUTHORITY:
01872 324277

POLICE:
Emergency: 999
Non-emergency: 101
Crimestoppers: 0800 555111

HOSPITALS:
NHS advice: 111
Royal Cornwall Hospital: 01872 250000
Falmouth: 01326 436600

TRURO TOURIST INFORMATION:
01872 274555

ENVIRONMENT AGENCY:
Incident: 0800 807060

REMEMBER

1. No garbage of any description should be dumped overboard from any vessel. Please make sure you bag it up and take it ashore or use any of the floating waste & recycling facilities.
2. Make sure that you regularly inspect your mooring tackle for any signs of corrosion or wear, and make sure it is clearly marked.
3. Make sure that before you set off on any voyage you have adequate lifesaving equipment, Flares and you are wearing a kill cord.
4. Always check the weather forecast before you go.
5. Tides will be affected by rainfall, pressure systems and onshore/offshore winds.
6. Be on the lookout for any of the International Distress Signals.
7. Observe all speed limits in force. (8 knots north of Turnaware Bar. 5 knots in Mylor and Restronguet Creek. 8 knots in Penryn).
8. There are slipways at Penryn, Truro & Mylor, please contact the Harbour Office (Truro) if you wish to use them.
9. Fresh water can be supplied free of charge from Truro (Town Quay) and Trelissick Landing Stage.
10. Please make sure that you do not anchor in any fairway or in the vicinity of cables.
11. Always observe the collision regulations.
12. Ensure you keep a good lookout at all times.

MOORINGS - General Information

Subletting or non-use of moorings – This is only possible for a maximum period of two years with the prior permission of the Harbour Master. The Harbour Office must be given details of the owner and vessel to be using your mooring. Sub-lets may not be made at a profit, so only the mooring licence fee and an allowance for wear and tear on your mooring equipment may be charged. Managed Moorings (equipment provided by us) may not be sublet under any circumstances.

Siting of moorings – Your mooring contractor must contact our office in order for us to agree where to site your mooring position. The layout and distribution of moorings in the harbour is entirely at the discretion of the Harbour Office and it is an offence under byelaws to position or move a mooring except with the authorisation of the Harbour Office.

Numbering of buoys - It is a requirement of your mooring licence to mark your buoy with your mooring number so that it is clearly visible at all times. Unmarked moorings can be removed from the harbour, and licences revoked.

Changing boats – You must notify us if you intend to change your vessel so that we can update our database and ensure that the type and size of boat is suitable in that present location.

Vessels to have names on them – The Harbour Byelaws require that all vessels should be conspicuously marked with their name or other means of identification.

If you have any queries please contact **Paul Ferris**, Moorings Officer on 01872 224231

MOORING & ANCHORING CHAIN

The best choice for anchoring and mooring chain is short link chain. This is, excluding stud chain, the heaviest and strongest of chains as well as being the most flexible. By definition, short link chain has a link of outside dimensions not exceeding 5 times the material diameter in length and 3.5 times in width necessitating the fitting of large end links by the manufacturer. It should be noted that these are maximum dimensions only and if chain is needed to fit a windlass gypsy wheel it is unlikely that the short link will be suitable. Calibrated chain is designed to be used with a windlass, a manufacturing process involving making the chain deliberately short and then stretching it to its final dimensions.

ADDITIONAL COMPONENTS There is a wide range of other components which could be used in a mooring system and it is important to ensure that those used are of equivalent strength to the chain. Using components which will fit a chain, with no regard to relative strengths is all too common. As an example, given similar materials, a conventional shackle which will fit directly into short link chain can at best be only ahout half the strength of the chain. Compatibility of materials is vital too - the problems of dissimilar materials and electrolysis are only too well known.

SHACKLES By far the most popular shackle types are the dees and bows. Dee shackles are usual where two components are to be connected, whereas bow shackles are most suitable as three way connectors. Needless to say, all shackle pins should be 'moused' using galvanised seizing wire.

SWIVELS There are various designs available and the user should ensure that the swivel chosen will accept the correct size shackle or shackle pin. Like shackles, there are two popular types: the chain swivel for joining two components and mooring swivels for joining three. Mooring swivels are designed to take a shackle pin at one end and shackle eyes at the other.

MAINTENANCE Although maintenance should be based on regular inspection, the precise procedure to be followed for any mooring depends on local conditions. If a mooring is exposed to strong tidal conditions and rough weather it will naturally wear more quickly. Normal wear and tear is not, however, the only cause of damage to mooring components. Corrosion, erosion and electrolysis can all be responsible for rapid and dramatic removal of metal. Consequently moorings on new sites need to be monitored carefully until a wear pattern can be established.

If possible moorings should be lifted for winter storage, or alternatively the riser may be sunk and marked with a buoy. Either of these procedures can double a moorings effective life. Another useful tip is to position the swivel, which wears rapidly, at the top of riser, where it can be inspected in situ. Finally, no time should be lost in making an inspection of a mooring where movement has been detected or suspected.

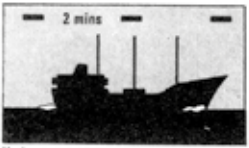
The degree of wear that can be safely permitted before replacement again varies with individual circumstances. A ground chain will often be far larger than strength requirements dictated, as it is bought primarily for its weight. Risers, however, have to be supported by a buoy and so tend to be nearer to the minimum acceptable size. As a guide one should not allow more than 15% reduction below the chain diameter. Remember that the ends of a link wear more rapidly. Badly rusted chain should never be used, particularly if the surface has heen removed to expose the grain of the metal.

Information supplied by Seaware Ltd., Penryn

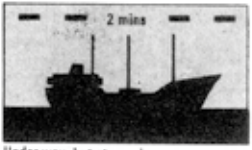
METEOROLOGY BEAUFORT WIND SCALE

Beaufort Scale Number	Description and limit of wind speed in knots	Sea Criterion
0	Calm Less than 1	Sea like a mirror.
1	Light air 1 - 3	Ripples with the appearance of scales are formed but without foam crests.
2	Light breeze 4 - 6	Small wavelets, still short but more pronounced, crests have a glassy appearance and do not break.
3	Gentle breeze 7 - 10	Large wavelets. Crests begin to break. Foam of glassy appearance. Perhaps scattered white horses.
4	Moderate breeze 11 - 16	Small waves, becoming longer; fairly frequent white horses.
5	Fresh breeze 17 - 21	Moderate waves, taking a more pronounced long form; many white horses ar e formed. (Chance of some spray).
6	Strong breeze 22- 27	Large waves begin to form; the white foam crests are more extensive everywhere (Probably some spray).
7	Near gale 28 - 33	Sea heaps up and white foam from breaking waves begins to be blown in streaks along the direction of the wind (Spindrift begins to be seen).
8	Gale 34- 40	Moderately high waves of greater length; edges of the crest break into spindrift. The foam is blown in well marked streaks along the direction of the wind.
9	Strong gale 41 - 47	High waves. Dense streaks of foam along the direction of the wind. Sea begins to roll. Spray may affect visibility.
10	Storm 48 - 55	Very high waves with long overhanging crests. The resulting foam in great patches is blown in dense white streaks along the direction of the wind. On the whole the surface of the sea takes a white appearance. The rolling of the sea becomes heavy and shocklike. Visibility affected.
11	Violent Storm 56 - 63	Exceptionally high waves. (Small and medium sized ships might be for a time lost to view behind the waves). The sea is completely covered with long white patches of foam lying along the direction of the wind. Everywhere the edges of the wave crests are blown into froth. Visibility affected.
12	Hurricane 64 - 71	The air is filled with foam and spray. Sea completely white with driving spray; visibility very seriously affected.

In FOG these are the signals you may hear:

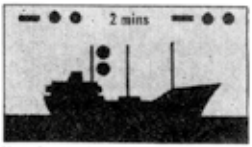


Under way and making way

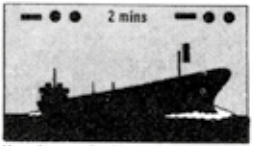


Under way, but stopped

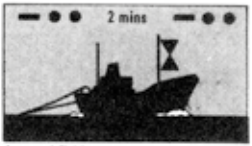
Sailing vessel



Vessel not under command



Vessel constrained by her draught



A vessel fishing

A vessel towing

A vessel under tow sounds a signal of one prolonged followed by three short blasts immediately following the towing vessel's signal

A vessel at anchor.
Vessel over 325 ft (100 metres) also sounds gong aft following bell

A vessel aground.
(III : Distinct strokes of bell)
(WW : Rapid ringing)

WEATHER FORECASTS TIMES

BBC RADIO 4
92-95FM & DAB

	Weather	Shipping Forecast	News & Weather
Monday	0556 & 1257	0048 & 0520	Midnight
Tuesday	1257	0048 & 0520	Midnight
Wednesday	1257	0048 & 0520	Midnight
Thursday	1257	0048 & 0520	Midnight
Friday	1257	0048 & 0520	Midnight
Saturday	0657, 1257 & 1757	0048, 0520 & 1754	Midnight & 1300
Sunday	0657, 0757, 1257 & 1757	0048, 0520 & 1754	Midnight

BBC RADIO CORNWALL
103.9FM, 95.2FM, 96FM & DAB

Weekday Weather Forecasts:
0615 - 5 day forecast
0645 - 2 day forecast and regional shipping forecast
0715 - 5 day forecast for Cornwall and Isles of Scilly
0745 - 2 day forecast and details from Weather Watchers
0815 - 5 day forecast for Cornwall and Isles of Scilly
0845 - 2 day forecast and reports from the NCI
1045 - 2 day forecast and local sea conditions
1215 - 5 day forecast for Cornwall and Isles of Scilly
There are also weather bulletins at 1715, 1815 and 1915

Weather summary after each news bulletin

Weekend Weather Forecasts:

Saturday
0615 - 5 day forecast
0645 - Forecast + Shipping
0715 - 5 day including inshore waters
0745 - Forecast + Tides
0815 - 5 day including inshore waters
0845 - Forecast including inshore waters
1045 - Forecast including inshore waters
1215 - Forecast including inshore waters

Sunday
0715 - 5 day including inshore waters
0745 - Forecast + Shipping + Tides
0815 - 5 day including inshore waters
0845 - Forecast
0915 - 5 day for gardeners
1015 - Short 5 day for gardeners
1115 - Forecast including inshore waters
1215 - Forecast including inshore waters

Weather summary after each news bulletin

Coastguard Reports:
0725, 0825, 1225 in the week
0725 0825 and 1220 at the weekend

V.H.F. CHANNELS
CORNWALL COUNCIL:
Harbour Masters Office, Truro: (Carrick 1) Ch. 16 12
Harbour Masters Launch (Carrick 2) Ch. 16 12
FALMOUTH HARBOUR RADIO: Ch. 16 14 13 12 6
H.M. COASTGUARDS: Ch. 16 (initial call) Ch. 73 67 10
PORT HEALTH: Ch. 16 69
FALMOUTH MARINA, MYLOR YACHT HARBOUR, ROYAL CORNWALL YACHT CLUB AND HELFORD RIVER S.C.: Ch. 37 (M) or 80

UK SHIPPING FORECAST AREAS

with effect from 4 February 2002

Truro Tidal Barrier

To alleviate flooding in Truro, the Environment Agency controls the tidal barrier at the north end of Lighterage Quay. When tide levels are expected to reach or exceed 5.4m (Falmouth Datum) owing to the combination of meteorological surge and astronomically predicted tides, the Truro River will be closed off by a single pair of mitre gates. The gates will be closed to all traffic for a period up to 2 hours 20 minutes before and after high water, the actual duration of the closure will vary, depending on the quantity of rainfall run off expected in the rivers Kenwyn and Allen.

During periods of closure the water level upstream of the barrier will rise owing to the inflow of water from rivers Kenwyn and Allen, however it will not be less than 4.3m (Falmouth Datum).

Environment Agency Incident Hotline 0800 807060

USE OF LIQUIFIED PETROLEUM GAS (LPG) ON PLEASURE CRAFT – EXPLOSIONS, FIRES AND ACCIDENTS RESULTING FROM GAS LEAKS

- Fire, explosion and asphyxiation are the possible dangers from LPG use on vessels due to leakage of gas, defective fittings, flame failure or inappropriate installation.
- Gas is heavier than air and may accumulate in bilges and other non-ventilated spaces. Even without ignition it may asphyxiate occupants of vessels.
- Gas canisters and bottles should be stored in lockers that are ventilated to the outside in case of leaks, preferably on deck. Provision of an automatic gas detector and alarm is advised.
- All piping leading into the vessel should be approved rigid copper or stainless steel tube construction with appropriate fittings. Necessary flexible lengths of tubing should be as short as possible and comply with the appropriate British Standard.
- There are a number of issues regarding solid fuel stoves which boat owners should be aware of including the risk of carbon monoxide poisoning and the potential for fire caused by the significant heat thrown out by these appliances. You are advised to seek advice from the very useful website www.boatsafetyscheme.org/Stay Safe on how to avoid fires afloat and how to make your own fire action plan.

HELPING YOU TO MAKE SUSTAINABLE BOATING SIMPLE!

From The Green Blue, the environmental awareness programme from the Royal Yachting Association.

Check the engine for leaks to prevent an oily bilge. Use a bilge sock or inline bilge filter to absorb any pollutants before bilge water is discharged.

Use shore based toilets when berthed. Install a holding tank and use pump out facilities to empty sewage. Avoid discharging the heads in or close to bathing waters or enlosed areas such as harbours, marinas where there is low flushing.

Anchor with care. Use existing mooring buoys if available, if not deploy and lift your anchor correctly to avoid drag and scouring.

Regularly use your boat to limit fouling, lift out, clean and antifoul regularly to prevent the spread of invasive plants and animals. Use a washdown system to ensure fouling does not re-enter the water or collect and put it in a bin.

Navigate slowly, quietly and keep your distance around wildlife to minimise the risk of disturbance that can disrupt feeding, breeding and resting patterns.

Make The Green Blue Boating Pledge to Respect, Protect and Enjoy our waters.

thegreenblue.org.uk/boating-pledge/

Fal & Helford
Marine Protected Area

The Fal and Helford Estuaries Special Area of Conservation (SAC) is a particularly precious environment, known for its beaches and bays with seagrass beds, sandy gravels, reefs and maerl (calcified seaweed). The sheltered upper reaches with extensive mudflats are important for feeding wading birds and schools of young fish. An integral part of our lives; valuable for tourism, fishing and shellfisheries. *This marine life affects our life*. These waterways are busy places, take care when in this environment not to pollute, disturb or otherwise endanger marine habitats and wildlife. The SAC Management Forum have created this guide to a code of practice especially for this area.

Scan the QR code to the Fal and Helford MPA page for resources to help care for the SAC, including the Environmental Code of Practice for the Ports of Falmouth, Truro, Penryn and St Mawes.

Susan.1.scott@cornwall.gov.uk

CORNWALL
FIRE & RESCUE SERVICE
A service of Cornwall Council

Avoiding Fire Afloat

What to do if fire breaks out...

Act quickly - have everybody ready to leave the craft and get them off the boat as soon as you can

Call the Fire and Rescue Service - we'll need your location, use landmarks if possible

Turn off gas cylinders valves and close any fuel system valves that are safe to reach

Warn the occupants of adjacent craft, the harbour navigation authority and marina staff as appropriate
Remember the risk of accidents happening is greater when alcohol has been consumed

If in doubt get out, stay out, dial 999

For free fire safety advice call 0800 3581 999 or visit our website for more information:
www.cornwall.gov.uk/fire

Carbon Monoxide Detector – The Silent Killer
If you have any fuel burning appliances aboard, an engine or generator, fit a suitable audible carbon monoxide alarm meeting BS EN 50291 -2 for an added re-assurance.

USEFUL ADDRESSES

Environment Agency
For advice on 'salmon fishing' regulations within the river Fal, please telephone:**03708 506506**

The Royal Yachting Association
RYA House,
Ensign Way, Hamble,
Southampton, SO31 4YA
Tel: 023 8060 4100
E-mail: enquiries@rya.org.uk
(Addresses of sailing schools, yacht clubs and windsurfing centre)

Ofcom
Riverside House
2a Southwark Bridge Road
LONDON, SE1 9HA
Tel: 0300 123 3333 or 0207 981 3040

Marine Management Organisation (MMO)
Office 1, Chi Gallos
Hayle Marine Renewables Business Park
North Quay
Hayle
Cornwall
TR27 4DD
Tel: 0208 026 9060
E-mail: western@marinemanagement.org.uk

Inshore Fisheries & Conservation Authority (IFCA)
Office 2, Chi Gallos,
Hayle Marine Renewables Business Park,
North Quay,
Hayle,
Cornwall,
TR27 4DD
-For advice on 'sea fishing' regulations within the river Fal, please telephone:
Tel: 01872 324284
E-mail: enquiries@cornwall-ifca.gov.uk

SAILING CLUBS

HELFORD RIVER SAILING CLUB
Office
Tel: 01326 231006
E-mail: admin@helfordriversc.co.uk
Clubhouse
Tel: 01326 231606
E-mail: helfordriversc@gmail.com
Website: www.helfordriversc.co.uk
Facebook: Helford River Siling Club

MYLOR YACHT CLUB
Tel: 01326 374391
E-mail: manager@myloryachtclub.org.uk
Website: www.myloryachtclub.org.uk
Facebook: Mylor Yacht Club

RESTRONGUET SAILING CLUB
Administrator Tel: 07952 157316
Clubhouse Tel: 01326 374536
E-mail: **RSCsteward@outlook.com**
Website: www.restronguetsc.org
Facebook: Restronguet Sailing Club

ROYAL CORNWALL YACHT CLUB
Tel: 01326 312126
E-mail: admin@royalcornwallyachtclub.org
Website: www.royalcornwallyachtclub.org
Facebook: The Royal Yacht Club

ST. MAWES SAILING CLUB
Tel: 01326 270686
E-mail: office@stmawessailing.co.uk
Website: www.stmawessailing.co.uk
Facebook: St Mawes Sailing Club

FLUSHING SAILING CLUB
Tel: 01326 375980
E-mail: info@flushingsailingclub.co.uk
Website: www.flushingsailingclub.co.uk
Facebook: Flushing Sailing Club

TRURO BOAT OWNERS ASSOCIATION
Tel: 07961 925156
E-mail: tboacontact@aol.com
Website: www.tboa.org.uk
Facebook: Truro Boating Association

MARITIME EVENTS AND REGATTAS 2024

Pilot Cutter Review 30th May – 2nd June www.classic-sailing.co.uk	St Mawes Town Regatta 3rd August www.pofsa.co.uk
Point & Penpol Regatta TBC but likely to be 22nd June 2024 www.pofsa.co.uk	Falmouth Working Boat Championships 9th – 17th August www.falmouthworkingboats.btck.co.uk
Falmouth Classics Regatta 14th – 16th June www.falmouthclassics.org.uk	Falmouth Week 9th – 18th August www.falmouthweek.co.uk
Falmouth International Sea Shanty Festival 14th – 16th June www.falmouthseashanty.co.uk	Falmouth Oyster Festival T.B.C. www.falmouthoysterfestival.co.uk
National Armed Forces Day Events 28th - 30th June www.forcesconnectsouthwest.org.uk	Portscatho Regatta 24th August www.pofsa.co.uk
Loe Beach Regatta 1st June www.pofsa.co.uk	Percuil Regatta 31st August www.pofsa.co.uk
St Mawes Social Club Regatta 6th July www.pofsa.co.uk	Fowey Royal Regatta week 18th – 24th August www.foweyregatta.co.uk
Flushing Village Regatta 27th July www.pofsa.co.uk	Charlestown Regatta Week 29th July – 4th August www.charlestownregatta.org

SWIMMERS - BE SEEN BY BOATS

The sea is shared

Wear a bright swim hat

Consider a towfloat in high boat traffic areas or when swimming off shore

Swim happy, swim safe.
Let lifeguards know your swim plans for longer swims.

www.outdoorswimmingsociety.com/survive
#outdoorswimmingsociety #sharetheswimlove

The Outdoor Swimming Society


TRURO
BOAT
SERVICES
Truro Boat Services is an independent marine business working with boat owners in Cornwall.
Services include:
Inboard and outboard engine servicing and repairs.
Boat cleaning and antifouling.
Innovative water recycling system.
Lifting of vessels in Newham, Truro.
Boat Storage.
Contact us:
07980 731193
contact@truroboatservices.com
truroboatservices.com

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 M	08 12	4.8	20 35	4.3	02 24	1.3	14 48	1.3
2 TU	08 48	4.6	21 15	4.2	02 54	1.5	15 20	1.5
3 W	09 29	4.4	22 02	4.1	03 28	1.6	15 58	1.6
4 TH ☾	10 19	4.3	22 58	4.0	04 12	1.8	16 49	1.8
5 F	11 16	4.2			05 10	1.9	17 53	1.8
6 SA	00 00	4.0	12 20	4.1	06 21	1.9	19 05	1.8
7 **SU**	01 05	4.0	13 27	4.2	07 37	1.8	20 14	1.6
8 M	02 11	4.2	14 33	4.3	08 43	1.6	21 14	1.4
9 TU	03 09	4.5	15 32	4.5	09 42	1.3	22 08	1.1
10 W	03 59	4.7	16 25	4.7	10 37	1.0	23 00	0.9
11 TH ●	04 48	5.0	17 15	4.8	11 29	0.8	23 51	0.7
12 F	05 35	5.2	18 04	4.9			12 19	0.6
13 SA	06 23	5.3	18 53	4.9	00 38	0.6	13 06	0.4
14 **SU**	07 10	5.3	19 39	4.9	01 24	0.5	13 52	0.4
15 M	07 56	5.3	20 24	4.8	02 08	0.5	14 36	0.4
16 TU	08 41	5.2	21 08	4.7	02 51	0.6	15 19	0.6
17 W	09 28	4.9	21 56	4.5	03 34	0.8	16 05	0.8
18 TH ☽	10 18	4.7	22 50	4.3	04 22	1.1	16 54	1.1
19 F	11 15	4.4	23 56	4.1	05 16	1.3	17 52	1.4
20 SA			12 26	4.1	06 19	1.6	19 00	1.6
21 **SU**	01 16	4.1	13 48	4.1	07 36	1.6	20 20	1.6
22 M	02 29	4.2	14 57	4.1	09 00	1.5	21 33	1.4
23 TU	03 26	4.4	15 52	4.3	10 07	1.3	22 30	1.2
24 W	04 13	4.6	16 37	4.5	11 00	1.1	23 19	1.0
25 TH ○	04 55	4.8	17 18	4.6	11 45	0.9		
26 F	05 34	4.9	17 57	4.7	00 00	0.9	12 25	0.8
27 SA	06 11	5.0	18 34	4.7	00 37	0.9	13 00	0.8
28 **SU**	06 47	5.0	19 08	4.7	01 09	0.9	13 30	0.8
29 M	07 21	5.0	19 41	4.7	01 37	0.9	13 56	0.9
30 TU	07 51	4.9	20 10	4.6	02 00	1.0	14 18	1.0
31 W	08 19	4.7	20 36	4.4	02 24	1.1	14 43	1.1

All times are G.M.T.
for non-shaded areas add 1 hour

Time Zone UT(GMT)

FEBRUARY 2024 FALMOUTH

Date		HEIGHTS ABOVE CHART DATUM							
		High Water				Low Water			
		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1 TH		08 44	4.6	21 01	4.3	02 51	1.3	15 12	1.3
2 F	☾	09 14	4.4	21 37	4.1	03 25	1.4	15 50	1.5
3 SA		10 03	4.2	22 46	4.0	04 09	1.7	16 40	1.7
4 **SU**		11 20	4.0			05 10	1.9	17 53	1.9
5 M		00 06	3.9	12 40	4.0	06 37	1.9	19 26	1.9
6 TU		01 25	4.1	14 01	4.1	08 08	1.8	20 45	1.6
7 W		02 39	4.3	15 12	4.4	09 20	1.4	21 50	1.3
8 TH		03 39	4.7	16 10	4.6	10 22	1.0	22 48	0.9
9 F	●	04 31	5.0	17 01	4.9	11 18	0.6	23 41	0.6
10 SA		05 20	5.3	17 50	5.0			12 10	0.3
11 **SU**		06 08	5.5	18 38	5.1	00 29	0.3	12 56	0.1
12 M		06 54	5.5	19 21	5.2	01 13	0.1	13 39	-0.0
13 TU		07 38	5.5	20 01	5.1	01 54	0.1	14 18	0.1
14 W		08 18	5.3	20 38	4.9	02 32	0.2	14 56	0.3
15 TH		08 57	5.0	21 15	4.7	03 09	0.5	15 33	0.7
16 F	☽	09 36	4.7	21 58	4.3	03 49	0.9	16 14	1.1
17 SA		10 23	4.2	22 55	4.0	04 37	1.3	17 05	1.5
18 **SU**		11 34	3.9			05 37	1.7	18 13	1.9
19 M		00 32	3.8	13 29	3.7	06 58	1.9	19 47	1.9
20 TU		02 11	3.9	14 46	3.9	08 54	1.8	21 26	1.7
21 W		03 11	4.2	15 39	4.1	10 02	1.4	22 22	1.4
22 TH		03 57	4.5	16 22	4.4	10 50	1.1	23 07	1.1
23 F		04 37	4.8	17 00	4.6	11 31	0.9	23 45	0.9
24 SA	○	05 15	4.9	17 37	4.7			12 07	0.7
25 **SU**		05 52	5.0	18 13	4.8	00 19	0.7	12 39	0.6
26 M		06 27	5.0	18 47	4.8	00 48	0.7	13 05	0.7
27 TU		06 59	5.0	19 17	4.8	01 12	0.8	13 27	0.7
28 W		07 26	4.9	19 41	4.7	01 32	0.8	13 47	0.8
29 TH		07 46	4.8	19 53	4.6	01 54	0.9	14 10	0.9

Time Zone UT(GMT)

All times are G.M.T.
for non-shaded areas add 1 hour

MARCH 2024 FALMOUTH

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 F	07 55	4.6	19 59	4.5	02 20	1.0	14 37	1.1
2 SA	08 11	4.5	20 28	4.3	02 51	1.2	15 10	1.3
3 **SU** ☾	08 50	4.3	21 22	4.1	03 29	1.5	15 52	1.6
4 M	10 19	4.0	23 22	3.9	04 23	1.8	16 57	1.9
5 TU			12 11	3.8	05 51	2.0	18 46	2.0
6 W	00 54	4.0	13 40	4.0	07 43	1.8	20 25	1.7
7 TH	02 15	4.3	14 56	4.3	09 05	1.4	21 35	1.3
8 F	03 19	4.7	15 54	4.7	10 08	0.9	22 34	0.8
9 SA	04 11	5.1	16 43	5.0	11 03	0.5	23 26	0.4
10 **SU** ●	05 00	5.4	17 30	5.2	11 52	0.1		
11 M	05 48	5.6	18 15	5.3	00 12	0.1	12 36	-0.1
12 TU	06 33	5.6	18 56	5.3	00 54	-0.1	13 17	-0.2
13 W	07 14	5.5	19 33	5.2	01 33	-0.1	13 54	-0.0
14 TH	07 52	5.3	20 06	5.0	02 09	0.1	14 29	0.3
15 F	08 26	5.0	20 40	4.8	02 43	0.5	15 02	0.7
16 SA	09 00	4.5	21 18	4.4	03 20	0.9	15 39	1.2
17 **SU** ☽	09 42	4.1	22 11	4.0	04 05	1.4	16 26	1.7
18 M	10 49	3.7	23 43	3.8	05 05	1.8	17 36	2.1
19 TU			13 15	3.5	06 30	2.1	19 16	2.1
20 W	01 48	3.9	14 29	3.8	08 45	1.9	21 11	1.8
21 TH	02 49	4.2	15 19	4.1	09 44	1.4	22 01	1.4
22 F	03 34	4.5	15 58	4.4	10 26	1.1	22 42	1.1
23 SA	04 12	4.7	16 35	4.6	11 04	0.8	23 18	0.9
24 **SU**	04 49	4.9	17 11	4.8	11 38	0.7	23 50	0.7
25 M ○	05 26	5.0	17 46	4.9			12 08	0.6
26 TU	06 01	5.0	18 19	4.9	00 18	0.7	12 33	0.6
27 W	06 32	4.9	18 48	4.8	00 42	0.7	12 55	0.7
28 TH	06 58	4.9	19 09	4.8	01 04	0.7	13 17	0.8
29 F	07 15	4.8	19 16	4.7	01 28	0.8	13 42	0.9
30 SA	07 20	4.6	19 29	4.6	01 55	0.9	14 10	1.1
31 **SU**	07 42	4.5	20 03	4.4	02 26	1.1	14 42	1.3

All times are G.M.T.
for non-shaded areas add 1 hour

Time Zone UT(GMT)

APRIL 2024 FALMOUTH

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 M	08 26	4.2	21 04	4.2	03 04	1.4	15 25	1.6
2 TU ☾	10 14	3.9	23 02	4.0	03 59	1.7	16 30	1.9
3 W	11 55	3.8			05 32	1.9	18 24	2.0
4 TH	00 31	4.1	13 24	4.0	07 25	1.7	20 05	1.7
5 F	01 52	4.4	14 37	4.4	08 45	1.3	21 15	1.2
6 SA	02 56	4.8	15 32	4.7	09 47	0.8	22 12	0.7
7 **SU**	03 48	5.1	16 19	5.0	10 40	0.4	23 02	0.3
8 M ●	04 37	5.4	17 05	5.2	11 28	0.1	23 49	0.1
9 TU	05 23	5.5	17 48	5.3			12 12	-0.1
10 W	06 09	5.5	18 29	5.3	00 31	-0.0	12 52	-0.0
11 TH	06 50	5.4	19 05	5.2	01 10	0.0	13 29	0.1
12 F	07 28	5.1	19 39	5.0	01 46	0.2	14 04	0.5
13 SA	08 01	4.8	20 13	4.8	02 21	0.6	14 37	0.9
14 **SU**	08 35	4.4	20 52	4.4	02 58	1.0	15 14	1.3
15 M ☽	09 18	4.0	21 43	4.1	03 43	1.5	16 02	1.8
16 TU	10 23	3.6	23 02	3.8	04 43	1.8	17 10	2.1
17 W			12 44	3.6	06 03	2.0	18 38	2.1
18 TH	01 10	3.9	13 56	3.8	07 52	1.9	20 20	1.9
19 F	02 14	4.1	14 46	4.1	09 02	1.5	21 19	1.5
20 SA	03 00	4.4	15 26	4.4	09 45	1.2	22 01	1.2
21 **SU**	03 40	4.6	16 03	4.6	10 23	1.0	22 38	1.0
22 M	04 18	4.8	16 39	4.8	10 58	0.8	23 12	0.8
23 TU ○	04 55	4.9	17 14	4.8	11 29	0.7	23 43	0.8
24 W	05 29	4.9	17 47	4.9	11 58	0.7		
25 TH	06 02	4.8	18 17	4.8	00 11	0.8	12 25	0.7
26 F	06 30	4.8	18 41	4.8	00 38	0.8	12 52	0.8
27 SA	06 55	4.7	19 02	4.7	01 07	0.8	13 21	0.9
28 **SU**	07 17	4.6	19 29	4.6	01 38	0.9	13 53	1.1
29 M	07 49	4.4	20 15	4.5	02 14	1.1	14 29	1.3
30 TU	08 52	4.1	21 28	4.3	02 57	1.3	15 18	1.6

Time Zone UT(GMT)

All times are G.M.T.
for non-shaded areas add 1 hour

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 W ☾	10 18	4.0	22 51	4.2	03 59	1.6	16 32	1.8
2 TH	11 42	3.9			05 30	1.7	18 09	1.8
3 F	00 11	4.3	13 02	4.1	07 00	1.5	19 34	1.5
4 SA	01 25	4.5	14 10	4.4	08 15	1.1	20 44	1.1
5 **SU**	02 29	4.8	15 05	4.7	09 17	0.8	21 42	0.8
6 M	03 23	5.0	15 53	5.0	10 11	0.5	22 34	0.5
7 TU	04 12	5.2	16 38	5.1	11 00	0.3	23 23	0.3
8 W ●	05 00	5.3	17 22	5.2	11 46	0.2		
9 TH	05 46	5.2	18 04	5.2	00 07	0.2	12 28	0.3
10 F	06 29	5.1	18 43	5.1	00 48	0.3	13 07	0.4
11 SA	07 09	4.9	19 19	5.0	01 27	0.5	13 44	0.7
12 **SU**	07 45	4.6	19 56	4.8	02 05	0.7	14 20	1.0
13 M	08 21	4.3	20 36	4.5	02 44	1.1	14 59	1.4
14 TU	09 04	4.0	21 24	4.2	03 29	1.4	15 46	1.7
15 W ☽	10 04	3.8	22 28	4.0	04 24	1.7	16 45	1.9
16 TH	11 37	3.7	23 59	3.9	05 29	1.9	17 54	2.0
17 F			13 01	3.8	06 40	1.8	19 05	1.9
18 SA	01 18	4.1	13 58	4.0	07 48	1.7	20 10	1.7
19 **SU**	02 14	4.2	14 44	4.3	08 44	1.4	21 03	1.5
20 M	02 59	4.4	15 25	4.5	09 30	1.2	21 48	1.2
21 TU	03 40	4.6	16 03	4.6	10 10	1.0	22 29	1.1
22 W	04 19	4.7	16 39	4.7	10 48	0.9	23 06	0.9
23 TH ○	04 56	4.7	17 14	4.8	11 24	0.9	23 43	0.9
24 F	05 33	4.7	17 48	4.8			12 00	0.8
25 SA	06 10	4.7	18 23	4.9	00 18	0.8	12 35	0.9
26 **SU**	06 47	4.7	19 00	4.8	00 55	0.8	13 11	0.9
27 M	07 27	4.6	19 42	4.8	01 33	0.9	13 50	1.0
28 TU	08 12	4.4	20 31	4.7	02 16	1.0	14 33	1.2
29 W	09 06	4.3	21 30	4.5	03 05	1.2	15 27	1.4
30 TH ☾	10 12	4.2	22 36	4.5	04 07	1.3	16 33	1.5
31 F	11 22	4.2	23 46	4.5	05 17	1.3	17 45	1.5

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for non-shaded areas add 1 hour

Time Zone UT(GMT)

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 SA			12 33	4.2	06 28	1.3	18 56	1.3
2 **SU**	00 55	4.6	13 38	4.4	07 37	1.1	20 05	1.1
3 M	01 59	4.7	14 36	4.6	08 41	0.9	21 08	0.9
4 TU	02 58	4.8	15 28	4.8	09 40	0.8	22 06	0.8
5 W	03 51	4.9	16 16	4.9	10 34	0.7	22 59	0.6
6 TH ●	04 41	4.9	17 02	5.0	11 24	0.6	23 48	0.6
7 F	05 29	4.9	17 46	5.0			12 10	0.6
8 SA	06 14	4.8	18 27	5.0	00 33	0.6	12 52	0.7
9 **SU**	06 56	4.7	19 06	4.9	01 15	0.7	13 32	0.9
10 M	07 34	4.6	19 44	4.8	01 55	0.9	14 10	1.1
11 TU	08 11	4.4	20 23	4.6	02 34	1.1	14 47	1.3
12 W	08 51	4.2	21 04	4.5	03 14	1.3	15 27	1.5
13 TH	09 38	4.1	21 52	4.3	03 57	1.5	16 11	1.7
14 F ☽	10 33	4.0	22 49	4.2	04 45	1.7	17 03	1.8
15 SA	11 36	3.9	23 52	4.1	05 39	1.8	18 01	1.9
16 **SU**			12 42	4.0	06 38	1.7	19 02	1.8
17 M	00 57	4.1	13 43	4.1	07 37	1.6	20 02	1.7
18 TU	01 59	4.2	14 36	4.3	08 33	1.5	20 57	1.5
19 W	02 53	4.4	15 22	4.5	09 23	1.3	21 47	1.3
20 TH	03 41	4.5	16 04	4.7	10 11	1.2	22 34	1.1
21 F	04 26	4.6	16 45	4.8	10 56	1.0	23 20	1.0
22 SA ○	05 10	4.7	17 27	4.9	11 41	0.9		
23 **SU**	05 56	4.7	18 11	5.0	00 05	0.8	12 25	0.9
24 M	06 41	4.7	18 55	5.0	00 50	0.8	13 09	0.8
25 TU	07 26	4.7	19 41	5.0	01 35	0.7	13 53	0.8
26 W	08 12	4.7	20 28	5.0	02 20	0.7	14 38	0.9
27 TH	09 01	4.6	21 19	4.9	03 08	0.8	15 26	1.0
28 F ☾	09 54	4.5	22 15	4.7	03 59	0.9	16 19	1.1
29 SA	10 53	4.4	23 15	4.6	04 53	1.1	17 16	1.2
30 **SU**	11 56	4.3			05 52	1.2	18 18	1.3

Time Zone UT(GMT)

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Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 M	00 21	4.5	13 04	4.3	06 56	1.2	19 26	1.3
2 TU	01 31	4.4	14 11	4.4	08 05	1.2	20 37	1.3
3 W	02 38	4.5	15 10	4.6	09 13	1.2	21 45	1.1
4 TH	03 37	4.5	16 03	4.7	10 15	1.1	22 46	1.0
5 F ●	04 30	4.6	16 50	4.8	11 10	1.0	23 39	0.9
6 SA	05 18	4.7	17 34	4.9			12 00	0.9
7 **SU**	06 02	4.7	18 15	5.0	00 26	0.8	12 43	0.9
8 M	06 43	4.7	18 54	5.0	01 08	0.8	13 22	0.9
9 TU	07 20	4.6	19 30	4.9	01 45	0.8	13 57	1.0
10 W	07 56	4.6	20 05	4.8	02 19	1.0	14 29	1.2
11 TH	08 30	4.5	20 39	4.7	02 50	1.1	14 58	1.3
12 F	09 06	4.3	21 15	4.5	03 20	1.3	15 28	1.5
13 SA ☽	09 45	4.2	21 57	4.3	03 52	1.5	16 02	1.7
14 **SU**	10 32	4.1	22 48	4.2	04 32	1.7	16 49	1.8
15 M	11 28	4.0	23 47	4.1	05 24	1.8	17 50	1.9
16 TU			12 31	4.0	06 30	1.8	19 02	1.9
17 W	00 54	4.1	13 39	4.2	07 40	1.8	20 12	1.8
18 TH	02 06	4.2	14 43	4.4	08 44	1.6	21 14	1.5
19 F	03 10	4.4	15 36	4.6	09 42	1.4	22 11	1.2
20 SA	04 04	4.6	16 24	4.9	10 36	1.1	23 05	1.0
21 **SU** ○	04 54	4.7	17 11	5.1	11 29	0.9	23 57	0.7
22 M	05 42	4.9	17 58	5.2			12 18	0.7
23 TU	06 31	4.9	18 45	5.3	00 45	0.5	13 04	0.6
24 W	07 17	5.0	19 30	5.4	01 30	0.4	13 47	0.5
25 TH	08 01	5.0	20 15	5.3	02 13	0.4	14 29	0.5
26 F	08 43	4.9	20 59	5.1	02 55	0.5	15 11	0.7
27 SA	09 27	4.7	21 46	4.9	03 38	0.7	15 55	0.9
28 **SU** ☾	10 15	4.5	22 39	4.6	04 23	1.0	16 44	1.2
29 M	11 14	4.3	23 45	4.3	05 16	1.3	17 42	1.5
30 TU			12 32	4.2	06 18	1.5	18 53	1.6
31 W	01 11	4.1	13 56	4.2	07 34	1.7	20 21	1.6

Time Zone UT(GMT)

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Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TH	02 31	4.1	15 02	4.4	09 01	1.6	21 43	1.4
2 F	03 32	4.3	15 54	4.6	10 10	1.4	22 44	1.2
3 SA	04 22	4.5	16 39	4.8	11 05	1.1	23 34	0.9
4 **SU** ●	05 06	4.6	17 19	5.0	11 51	1.0		
5 M	05 46	4.7	17 58	5.1	00 17	0.8	12 31	0.9
6 TU	06 23	4.8	18 35	5.1	00 54	0.7	13 06	0.8
7 W	06 59	4.8	19 09	5.0	01 26	0.8	13 36	0.9
8 TH	07 32	4.8	19 41	5.0	01 54	0.9	14 01	1.0
9 F	08 03	4.7	20 09	4.8	02 17	1.0	14 22	1.2
10 SA	08 31	4.6	20 36	4.7	02 38	1.2	14 43	1.3
11 **SU**	08 57	4.4	21 05	4.5	03 02	1.3	15 11	1.5
12 M ☽	09 31	4.3	21 48	4.3	03 33	1.5	15 49	1.7
13 TU	10 27	4.1	22 55	4.1	04 16	1.8	16 42	1.9
14 W	11 39	4.0			05 20	2.0	18 05	2.1
15 TH	00 12	4.0	12 56	4.1	06 54	2.0	19 39	2.0
16 F	01 34	4.1	14 13	4.3	08 17	1.8	20 53	1.6
17 SA	02 50	4.3	15 15	4.7	09 24	1.5	21 56	1.3
18 **SU**	03 48	4.6	16 06	5.0	10 22	1.1	22 52	0.9
19 M ○	04 38	4.9	16 54	5.3	11 16	0.8	23 44	0.5
20 TU	05 26	5.1	17 41	5.5			12 06	0.5
21 W	06 13	5.2	18 28	5.6	00 31	0.3	12 50	0.3
22 TH	06 58	5.3	19 12	5.6	01 15	0.1	13 32	0.2
23 F	07 39	5.2	19 54	5.5	01 55	0.1	14 10	0.3
24 SA	08 17	5.1	20 34	5.2	02 33	0.3	14 48	0.5
25 **SU**	08 54	4.9	21 14	4.8	03 11	0.6	15 27	0.9
26 M ☾	09 36	4.6	22 00	4.4	03 51	1.1	16 13	1.3
27 TU	10 30	4.2	23 10	4.0	04 39	1.5	17 11	1.7
28 W			12 06	4.0	05 44	1.9	18 30	2.0
29 TH	01 07	3.8	13 47	4.1	07 15	2.0	20 34	1.9
30 F	02 28	4.0	14 52	4.3	09 06	1.8	21 46	1.5
31 SA	03 25	4.2	15 41	4.6	10 06	1.5	22 36	1.2

All times are G.M.T.
for non-shaded areas add 1 hour

Time Zone UT(GMT)

SEPTEMBER 2024 FALMOUTH

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 **SU**	04 08	4.5	16 22	4.9	10 53	1.1	23 18	0.9
2 M	04 46	4.7	16 59	5.0	11 33	0.9	23 56	0.7
3 TU ●	05 22	4.8	17 34	5.1			12 09	0.8
4 W	05 57	4.9	18 10	5.2	00 29	0.7	12 40	0.8
5 TH	06 32	5.0	18 43	5.1	00 57	0.7	13 06	0.8
6 F	07 04	4.9	19 12	5.0	01 21	0.8	13 28	0.9
7 SA	07 32	4.8	19 37	4.9	01 40	0.9	13 46	1.1
8 **SU**	07 53	4.7	19 56	4.7	01 59	1.1	14 07	1.2
9 M	08 07	4.6	20 07	4.5	02 22	1.3	14 34	1.4
10 TU	08 23	4.4	20 34	4.3	02 51	1.5	15 09	1.6
11 W ☽	09 18	4.2	22 14	4.0	03 29	1.8	15 56	1.9
12 TH	11 03	4.0	23 48	3.9	04 26	2.1	17 20	2.2
13 F			12 28	4.1	06 17	2.2	19 17	2.0
14 SA	01 15	4.0	13 49	4.4	07 57	2.0	20 38	1.6
15 **SU**	02 34	4.3	14 54	4.8	09 08	1.5	21 40	1.1
16 M	03 31	4.7	15 46	5.2	10 06	1.1	22 35	0.7
17 TU	04 18	5.0	16 33	5.4	10 58	0.7	23 24	0.3
18 W ○	05 04	5.2	17 19	5.6	11 46	0.3		
19 TH	05 49	5.4	18 05	5.7	00 10	0.1	12 29	0.1
20 F	06 32	5.4	18 49	5.6	00 52	0.0	13 10	0.1
21 SA	07 12	5.4	19 30	5.4	01 31	0.1	13 47	0.2
22 **SU**	07 48	5.2	20 07	5.1	02 08	0.4	14 24	0.5
23 M	08 24	4.9	20 44	4.7	02 43	0.8	15 01	1.0
24 TU ☾	09 03	4.6	21 28	4.2	03 21	1.3	15 46	1.4
25 W	09 56	4.2	22 44	3.8	04 09	1.7	16 46	1.9
26 TH	11 44	3.9			05 17	2.1	18 15	2.1
27 F	01 01	3.7	13 30	4.0	07 05	2.2	20 31	1.9
28 SA	02 15	3.9	14 33	4.3	08 54	1.9	21 28	1.5
29 **SU**	03 06	4.2	15 18	4.6	09 45	1.5	22 11	1.1
30 M	03 45	4.5	15 56	4.9	10 27	1.2	22 49	0.9

Time Zone UT(GMT)

All times are G.M.T.
for non-shaded areas add 1 hour

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TU	04 19	4.8	16 32	5.0	11 03	0.9	23 24	0.7
2 W ●	04 53	4.9	17 07	5.1	11 37	0.8	23 55	0.7
3 TH	05 28	5.0	17 41	5.1			12 07	0.8
4 F	06 02	5.0	18 14	5.1	00 22	0.7	12 33	0.8
5 SA	06 33	5.0	18 43	5.0	00 45	0.8	12 55	0.9
6 **SU**	07 00	4.9	19 07	4.8	01 05	0.9	13 16	1.0
7 M	07 21	4.8	19 25	4.7	01 28	1.1	13 40	1.1
8 TU	07 34	4.7	19 34	4.5	01 53	1.2	14 09	1.3
9 W	07 55	4.5	20 08	4.2	02 23	1.5	14 44	1.6
10 TH ☽	09 02	4.3	22 01	4.0	03 02	1.8	15 32	1.9
11 F	10 41	4.1	23 30	3.9	04 00	2.1	16 59	2.1
12 SA			12 03	4.2	05 53	2.2	18 56	2.0
13 **SU**	00 56	4.1	13 22	4.4	07 34	1.9	20 16	1.5
14 M	02 12	4.4	14 28	4.8	08 45	1.5	21 17	1.0
15 TU	03 07	4.8	15 21	5.2	09 42	1.0	22 10	0.6
16 W	03 54	5.1	16 09	5.4	10 33	0.6	22 59	0.3
17 TH ○	04 38	5.3	16 56	5.6	11 21	0.3	23 45	0.1
18 F	05 23	5.4	17 42	5.6			12 06	0.2
19 SA	06 06	5.4	18 26	5.5	00 27	0.1	12 47	0.2
20 **SU**	06 46	5.4	19 07	5.3	01 07	0.3	13 25	0.3
21 M	07 23	5.2	19 45	4.9	01 44	0.5	14 03	0.6
22 TU	08 00	4.9	20 23	4.5	02 20	0.9	14 42	1.0
23 W	08 40	4.6	21 09	4.1	02 59	1.4	15 28	1.5
24 TH ☾	09 33	4.3	22 25	3.8	03 47	1.8	16 28	1.9
25 F	11 01	4.0			04 54	2.2	17 51	2.1
26 SA	00 33	3.7	12 53	4.0	06 25	2.2	19 45	1.9
27 **SU**	01 42	3.9	13 57	4.2	08 07	2.0	20 48	1.6
28 M	02 32	4.2	14 44	4.5	09 04	1.6	21 31	1.3
29 TU	03 12	4.5	15 24	4.7	09 46	1.3	22 08	1.0
30 W	03 47	4.7	16 01	4.9	10 23	1.1	22 43	0.9
31 TH	04 22	4.9	16 37	5.0	10 58	0.9	23 15	0.8

All times are G.M.T.
for non-shaded areas add 1 hour

Time Zone UT(GMT)

NOVEMBER 2024 FALMOUTH

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 F ●	04 57	5.0	17 12	5.0	11 31	0.9	23 45	0.8
2 SA	05 32	5.0	17 45	5.0			12 01	0.9
3 **SU**	06 04	5.0	18 16	4.9	00 12	0.9	12 27	0.9
4 M	06 33	4.9	18 46	4.8	00 38	1.0	12 54	1.0
5 TU	07 00	4.9	19 14	4.6	01 06	1.1	13 23	1.1
6 W	07 29	4.7	19 46	4.4	01 36	1.2	13 56	1.3
7 TH	08 08	4.6	20 38	4.2	02 10	1.4	14 35	1.5
8 F	09 09	4.4	21 52	4.0	02 53	1.7	15 29	1.7
9 SA ☽	10 22	4.3	23 11	4.0	03 56	1.9	16 52	1.8
10 **SU**	11 37	4.3			05 30	2.0	18 25	1.7
11 M	00 28	4.1	12 50	4.5	06 59	1.8	19 41	1.4
12 TU	01 38	4.4	13 56	4.8	08 10	1.4	20 44	1.0
13 W	02 36	4.7	14 53	5.0	09 11	1.0	21 40	0.7
14 TH	03 26	5.0	15 45	5.2	10 05	0.7	22 31	0.5
15 F ○	04 13	5.2	16 33	5.3	10 55	0.5	23 19	0.4
16 SA	04 59	5.3	17 21	5.3	11 43	0.4		
17 **SU**	05 43	5.3	18 08	5.2	00 04	0.4	12 27	0.4
18 M	06 26	5.3	18 51	5.0	00 46	0.5	13 09	0.5
19 TU	07 06	5.1	19 31	4.7	01 26	0.7	13 50	0.7
20 W	07 45	4.9	20 11	4.5	02 05	1.0	14 31	1.0
21 TH	08 26	4.7	20 56	4.2	02 46	1.4	15 16	1.4
22 F	09 14	4.4	21 55	3.9	03 32	1.7	16 09	1.7
23 SA ☾	10 15	4.2	23 20	3.8	04 28	1.9	17 12	1.9
24 **SU**	11 37	4.1			05 34	2.1	18 22	1.9
25 M	00 41	3.9	12 55	4.1	06 45	2.0	19 32	1.8
26 TU	01 40	4.0	13 54	4.3	07 53	1.8	20 30	1.5
27 W	02 28	4.3	14 42	4.5	08 49	1.6	21 16	1.3
28 TH	03 10	4.5	15 25	4.6	09 35	1.4	21 57	1.2
29 F	03 50	4.7	16 05	4.7	10 17	1.2	22 35	1.0
30 SA	04 28	4.8	16 43	4.8	10 55	1.0	23 11	1.0

Time Zone UT(GMT)

All times are G.M.T.
for non-shaded areas add 1 hour

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 **SU** ●	05 04	4.9	17 20	4.8	11 32	1.0	23 46	0.9
2 M	05 39	5.0	17 56	4.8			12 06	0.9
3 TU	06 14	5.0	18 33	4.7	00 20	1.0	12 41	0.9
4 W	06 49	4.9	19 10	4.6	00 54	1.0	13 17	1.0
5 TH	07 27	4.9	19 51	4.5	01 31	1.1	13 56	1.1
6 F	08 10	4.8	20 38	4.4	02 10	1.2	14 39	1.2
7 SA	09 01	4.7	21 36	4.2	02 56	1.4	15 32	1.4
8 **SU** ☽	10 01	4.5	22 43	4.2	03 53	1.5	16 36	1.4
9 M	11 06	4.5	23 51	4.2	05 01	1.6	17 46	1.5
10 TU			12 13	4.5	06 14	1.6	18 57	1.4
11 W	00 59	4.3	13 20	4.6	07 26	1.4	20 05	1.2
12 TH	02 03	4.5	14 25	4.7	08 35	1.2	21 08	1.0
13 F	03 01	4.7	15 23	4.8	09 37	1.0	22 05	0.8
14 SA	03 53	4.9	16 17	4.9	10 33	0.8	22 58	0.7
15 **SU** ○	04 42	5.0	17 07	4.9	11 26	0.6	23 48	0.7
16 M	05 28	5.1	17 55	4.9			12 15	0.6
17 TU	06 13	5.1	18 40	4.8	00 33	0.7	13 00	0.6
18 W	06 54	5.1	19 20	4.7	01 16	0.8	13 42	0.7
19 TH	07 33	5.0	19 59	4.5	01 55	0.9	14 21	0.9
20 F	08 12	4.8	20 38	4.4	02 33	1.1	15 00	1.1
21 SA	08 52	4.7	21 21	4.2	03 12	1.4	15 41	1.4
22 **SU** ☾	09 36	4.5	22 12	4.0	03 52	1.6	16 25	1.6
23 M	10 27	4.3	23 10	3.9	04 39	1.8	17 15	1.8
24 TU	11 27	4.1			05 35	1.9	18 14	1.8
25 W	00 15	3.9	12 32	4.1	06 40	2.0	19 18	1.8
26 TH	01 23	4.0	13 41	4.1	07 45	1.9	20 19	1.7
27 F	02 25	4.2	14 43	4.3	08 45	1.7	21 12	1.5
28 SA	03 16	4.4	15 33	4.4	09 37	1.4	21 59	1.3
29 **SU**	04 00	4.6	16 18	4.6	10 24	1.2	22 43	1.1
30 M ●	04 40	4.8	17 00	4.7	11 08	1.0	23 26	1.0
31 TU	05 19	4.9	17 41	4.7	11 51	0.9		

All times are G.M.T.
for non-shaded areas add 1 hour

Time Zone UT(GMT)

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10.0 Hydraulic Fluid
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13.0 Test and Measurement
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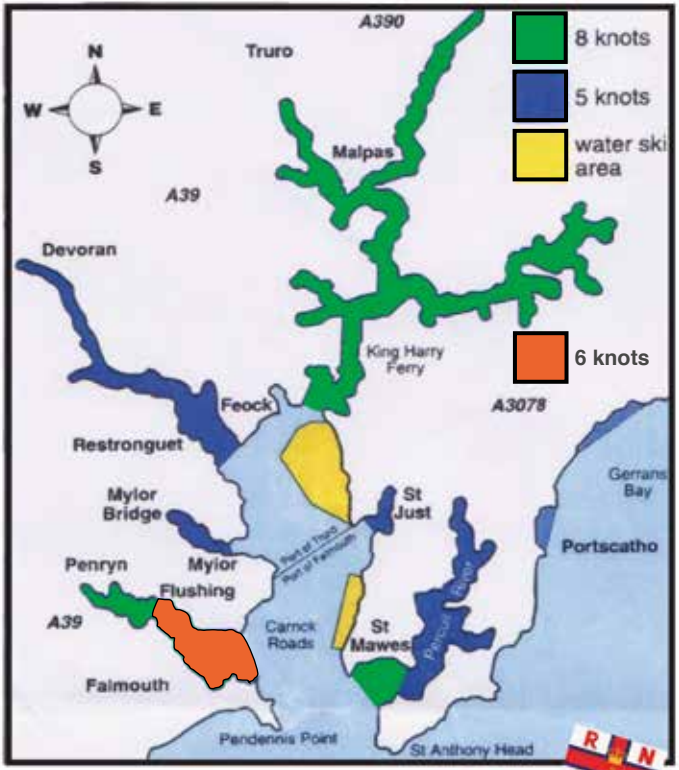

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