

Seafarer Medical Report (ML5) and ML5 Certificate

| This form is for use by the following applicants only. Please tick why you need this f | orm/certificate: |
|---|------------------|
| New applicant for an MCA Boatmaster's Licence (BML) or Certificate | |
| Revalidation or change of existing BML or Certificate | |
| Applicant for Royal Yachting Association (RYA) commercial endorsement, working no more than 60 miles from shore | |
| 4. Crew on a seagoing Domestic Passenger Vessel (Class VI or VI(A)) | |
| 5. Master or Crew of a small commerical vessel certified for area category 2 to 6 | |
| 6. Current ML5 has expired, used for: | |
| BML RYA Commercial Endorsement | |

Note: Boatmasters working as a Master on a seagoing passenger ship require a full seafarer medical certificate (ENG 1) following examination by an MCA Approved Doctor. An ENG 1 is always an acceptable alternative to an ML5 certificate. Details of the procedure for obtaining an ENG 1 and a list of Approved Doctors is available in a Merchant Shipping Notice and can be consulted on the GOV.UK webpage at: https://www.gov.uk/guidance/seafarers-medical-certification-guidance.

If you are unclear on what type of medical fitness certificate you need please refer to our website at https://www.gov.uk/guidance/seafarers-medical-certification-guidance or call us on 0203 81 72835.

TO THE APPLICANT - PLEASE READ THIS INFORMATION CAREFULLY

Please take a form of photographic identification with you to the ML5 Medical examination.

The purpose of the ML5 form is to obtain a factual report of your medical history and present state of health, enabling your doctor to decide on your fitness to navigate safely and undertake emergency duties.

Complete Part A of the form (but do not sign the declaration until you are with the doctor). The Doctor will complete Part B. If **Part B** shows all ticks in the "**NO**" boxes without any other remarks then the doctor will complete **Part C**, the **ML5 Medical Certificate**. This certificate confirms you are medically fit to hold a BML, RYA commercial endorsement or to work on vessels listed on this form. Once both the report and certificate have been completed, please take/send both to your local MCA Marine Office or RYA for the commercial endorsement as necessary. If you do not require a commercial endorsement, just keep your ML5 certificate ready for inspection when requested.

However, if you have a tick in any of the "YES" boxes on the inside of this report, or if you have any medical conditions noted in Section 9, your report will require further assessment by an MCA ML5 Medical Assessor. Your local MCA Marine Office or RYA (depending on what you wish to use your ML5 certificate for) can refer your report form to an MCA ML5 Medical Assessor once you have completed Part D – Medical Review. Please do not send your ML5 report directly to MCA Seafarer Safety and Health Team or your previous ML5 Medical Assessor, this will delay your application. If you are unclear on where you should send your form please call us on 0203 81 72835.

RYA applicants are advised to be medically assessed **before** starting any training, to ensure they meet the fitness and eyesight standards.

If you are based abroad and no UK GMC registered medical practitioner (holding a valid license to practice) is available, you are advised to obtain an ENG 1 certificate (or recognised equivalent) issued by an Approved Doctor; lists of Approved Doctors and recognised equivalent certificates are available on the MCA website as above.

I authorise my doctor(s) and specialist(s) to release reports/medical information about my condition relevant to my fitness, to the MCA Medical Assessor. I authorise the Secretary of State to disclose such relevant medical information as may be necessary to the investigation of my fitness, to my doctor/s and MCA Medical Assessors.

You MUST stop working if you become unfit due to illness or injury during the validity of your ML5 certificate. Even if this is a temporary change you are obliged to tell the issuing authority (MCA or RYA). For instance, if you have diabetes and your treatment changes from diet or tablets to insulin, you must immediately cease work and inform the issuing authority. You will need to obtain a new ML5 report and be medically reassessed before your license can be reinstated. If you fail to do so, your medical certificate will automatically be suspended.

| PART A – PER | SONAL DETAILS | | | | | |
|---|---|--------------------------|---------------------------|--|--|--|
| Surname Home Address | | Forename(s) | | | | |
| | | Postcode | | | | |
| Gender | Male / Female (*delete as applicable) | Date of Birth | | | | |
| Telephone Number | | Nationality | | | | |
| Mobile Number | | Email address | | | | |
| Date of first BM (if applicable) | L/RYA endorsement or last revalidation | | | | | |
| | n ML5 referral or restriction before? (if ssues & expiry dates and restriction/s) | | | | | |
| YOU MUST SIGN | THIS DECLARATION WHEN YOU ARE WIT | H THE DOCTOR WHO WILL BE | FILLING IN PART B OF THIS | | | |
| I declare that I have checked the details given on the enclosed form and that, to the best of my knowledge and belief, they are correct. I understand that it is a criminal offence if I make a false declaration to obtain certification and can lead to prosecution. I have read the notes on the reverse of the certificate (page 12). | | | | | | |
| Signature of Ap | plicant | | Date | | | |
| | | | | | | |

NOTES FOR THE DOCTOR - Please read this information carefully

As the Doctor you must sign and date the declaration on page 8 when you and/or the Optician has completed the report. Only qualified medical practitioners fully registered and holding a valid UK Licence to Practice with the General Medical Council are permitted to complete this form. Please ensure that you confirm the applicant's identity before examination. We have advised the applicant of the need to produce photographic identification.

Vision Assessment: Only complete the vision assessment if you are able to fully and accurately complete <u>all</u> the questions. If you are unable to do this, you must advise the applicant of this and advise them to arrange to have this part of the assessment completed by an optician or optometrist.

Medical Report: This medical report and certificate is required for applicants who intend to work on commercially operated boats including passenger boats, either on inland waters or <u>at sea up to 60 miles from shore</u>. Therefore, in completing the form, please be aware of the applicant's work environment and responsibilities.

Routine duties could include:

- navigating the boat safely
- safely berthing and unberthing the boat
- helping passengers on and off the boat
- moving and lifting objects up to 30kg
- operating winches and handling ropes
- · climbing access ladders

Emergency duties could include:

- rescuing persons from the water
- tackling a fire
- provision of first aid
- carrying out an evacuation of the boat
- climbing in and out of a liferaft at sea

Be aware that the safety of fare paying passengers may depend on the fitness of the applicant to operate the vessel in adverse sea and weather conditions. They need also to be capable of responding reliably and effectively to emergencies such as breakdown, collision or capsize that call for physical and mental resilience. The applicant should therefore not be subject to any increased likelihood of sudden incapacity that could prevent them returning the boat safely to its moorings.

You should establish the nature of the duties undertaken, as these may vary from work on calm inland waterways to the open sea. The vessel may have a number of crew members or the applicant may be the sole competent person on whom the safety of passengers depends.

You must examine the applicant fully and complete sections 1 - 10 of the medical assessment. Please obtain details of the applicant's medical history when you complete the report.

IF HAVING COMPLETED THE FOLLOWING REPORT THERE ARE NO TICKS IN A "YES" BOX AGAINST ANY OF THE QUESTIONS, AND YOU HAVE NO OTHER MEDICAL CONCERNS, PLEASE COMPLETE THE CERTIFICATE PROFORMA AT PART C AND RETAIN A COPY FOR VERIFICATION PURPOSES. OTHERWISE PLEASE LEAVE THE CERTIFICATE BLANK.

Once you have completed the report please return both the report and certificate (if you have issued one) to the seafarer. If any medical concerns are indicated on the form, you may be contacted in due course by an MCA Medical Assessor.

If you have any questions regarding the completion of this medical report please contact us on 0203 81 72835 or by email at seafarer.s&h@mcga.gov.uk

PART B - MEDICAL REPORT Section 1 - Cardiac **Coronary Heart Disease** a) Is the applicant having attacks of angina of effort, or receiving YES NO continuous treatment to prevent angina from manifesting itself? b) Has the applicant had myocardial infarction, unstable angina, or YES NO undergone coronary artery bypass surgery or coronary angioplasty? If **YES** – please answer the following: i) What was the nature of the event? ii) When was the most recent episode? iii) If the applicant remains on medication, give details ____ iv) Give details of any continuing symptoms / clinical signs of heart disease ___ **Arrhythmias** c) Has the applicant uncontrolled complete heart block? NO YES d) Has a cardiac pacemaker been implanted? YES NO If **YES**, when did the applicant last attend a pacemaker clinic? NO e) Has a cardioverter / defibrillator device been implanted? YES f) Is there currently a serious or disabling disturbance of cardiac rhythm, such YES NO as atrial fibrillation? g) Is the applicant in need of medication to prevent paroxysmal arrhythmia? NO Other h) Is there evidence of serious congenital heart disease requiring continuing YES NO consultant cardiological review? i) Is there any history or evidence of heart failure or cardiomyopathy? YES NO YES i) Has the applicant undergone heart transplant or heart / lung transplant therapy? NO k) Has the applicant evidence of an aortic aneurysm that has not been successfully YES NO treated by surgery? I) Is today's resting systolic blood pressure 170mm Hg or greater? YES NO m) Is today's resting diastolic blood pressure 100mm Hg or greater? NO n) Is there any history of stroke? YES NO o) Is there any history of Deep Vein Thrombosis?

| Section 2 – Endocrine and Metabolic | | |
|--|-------|--------------|
| Does the applicant have any of the following?: | | |
| i) Endocrine disease (thyroid, adrenal including Addison's disease, pituitary, ovaries, testes) | YES | NO 🗌 |
| ii) Diabetes – non insulin, treated by diet alone | YES | NO |
| iii) Diabetes – non insulin, treated by oral medication | YES | NO |
| iv) Diabetes – insulin using | YES | NO \square |
| v) Obesity – BMI over 35 | YES | NO \square |
| Please write BMI here (including BMIs of under 35) | | |
| | | |
| Section 3 – Nervous System | | |
| a) Has the applicant had any form of epileptic attack? | YES | NO |
| i) If YES , please give details of last attack | | |
| ii) Is the applicant still being treated? | YES | NO 🗌 |
| iii) If NO , please give the date when treatment ceased | | |
| b) Is there a history of blackout or impaired consciousness within the last 5 years? If YES, please give dates and details in Section 9. | YES | NO 🗌 |
| c) Does the applicant have narcolepsy/cataplexy or any obstructive sleep apnoea? If YES, please give dates and details in Section 9 | YES | NO 🗌 |
| d) Is there a history of, or evidence of any of the conditions listed 1-8 below? If YES, please give dates and details in Section 9. | | |
| (1) TIA | YES | NO 🗌 |
| (2) Sudden and disabling dizziness/vertigo within the last year with a liability to recur | YES | NO |
| (3) Subarachnoid haemorrhage | YES | NO |
| (4) Serious head injury within the last 10 years | YES | NO 🗌 |
| (5) Brain tumour, either benign or malignant, primary or secondary | YES | NO |
| (6) Other brain surgery | YES | NO |
| (7) Chronic neurological disorders e.g. Parkinson's disease, Multiple Sclerosis | YES | NO |
| (8) Dementia or cognitive impairment | YES | NO 🗌 |
| Section 4 – Psychiatric Illness | | |
| a) Is there a history of, or evidence of any of the conditions listed in 1-6 below? | | |
| If YES , please give details including date(s), prognosis, period of stability and details of mediany side effects in Section 9. N.B. If applicant remains under specialist care ensure details an | | - |
| (1) A psychotic illness in the past 5 years | YES | NO \square |
| (2) A neurotic illness (anxiety/depression) in the past 5 years | YES | NO _ |
| (3) Persistent alcohol misuse in the past 12 months | YES | NO 🗌 |
| (4) Alcohol dependency in the past 3 years | YES _ | NO |
| (5) Persistent drug misuse in the past 12 months | YES | NO 🗌 |
| (6) Drug dependency in the past 3 years | YES | NO 🗌 |
| (7) Disorder of personality (clinically recognised) | YES | NO 🗌 |
| (8) Any other mental health and cognitive disorders | YES | NO 🗌 |

| Section 5 - Sensory | | | | | | | |
|---|--|----------------------|-----------------------|----------|--|--|--|
| Vision Assessment | | | | | | | |
| To be completed | d by a doctor | or optician/opto | metrist | | | | |
| Seafarer's Details | | | | | | | |
| Surname: | | | | | | | |
| Date of Birth: | Date of Birth: Photo ID Checked: (please tick to confirm you have checked the photo ID | | | | | | |
| The purpose of the vision test is to ensure that the seafarer is able to reach the minimum standards of acuity and their colour vision shows no red/green deficiency. Colour vision should be tested using either 24 or 38 Ishihara plates. If the applicant fails on the first attempt, please retest once, does not pass on retest, then to be considered as a fail. Applicants who fail the Ishihara colour plate test may take this report to one of the MCA CAD test centres as listed in MIN 564, for a CAD test. | | | | | | | |
| 24 PLATE TEST: 2 errors or fewer - PA | ASS | 38 PLATE TEST | : 3 errors or fewer - | - PASS | | | |
| 5 errors or more - FA | AIL | | 6 errors or more - | - FAIL | | | |
| 3 or 4 errors — RI | ETEST | | 4 or 5 errors | - RETEST | | | |
| a) Did the applicant <u>fail</u> the Ishihara colour pla When testing, please ensure that aids to colo | | being worn. | YES | NO | | | |
| b) Does the applicant <u>lack</u> the ability to read 6 in at least one eye with glasses or contact len eye separately. | | | | □ NO□ | | | |
| c) Does the applicant <u>lack</u> the ability to read 6 aid? Testing should be done on each eye sep | | t one eye without a | nny visual YES | NO | | | |
| For all applicant | ts record the vi | sual acuity of eac | ch eve | | | | |
| Uncorrected | | | if necessary) | | | | |
| Right Left | | Right | Left | | | | |
| 6/ 6/ | - | 6/ | 6/ | | | | |
| d) Has the applicant any defects in their field of If YES, please give details in Section 9. | of vision in eithe | r eye? | YES | NO | | | |
| e) Is there evidence of any progressive disease in either eye? YES If YES, please give details in Section 9. | | | | | | | |
| f) Does the applicant have any other eye condwithin the next 5 years? If YES, please give d | | | r now or YES | □ NO □ | | | |
| You must sign and date this section | Doct Starr | or/Optometrist/Optio | ian | | | | |
| Name of examining Doctor/optician (print) | | Stail | ıp. | | | | |
| Signature of examining Doctor/optician | | | | | | | |
| Date of signature DDMMYYY Your GOC, HPC or GMC Number | | | | | | | |

| Section 5 – Sensory (continued) | | | | | | | |
|---------------------------------------|---|--------------------------------------|-------|----|--|--|--|
| g) Is there deafness that sign | YES | NO | | | | | |
| | | | | | | | |
| Section C. Molinnant Die | | | | | | | |
| Section 6 – Malignant Dis | sease | | | | | | |
| a) Does the applicant have a | any malignant disease likely to | impair physical or mental fitness | YES | NO | | | |
| to undertake duties in the for | eseeable future? | | | | | | |
| IN In the committee of the control of | | P | VE0 🗆 | NO | | | |
| | hogenic carcinoma or any othe significant liability to metastas | | YES | NO | | | |
| , | | • | | | | | |
| of dissemination – in Section | | d whether there is current evidence | | | | | |
| | . • | | | | | | |
| Section 7 - Musculoskel | etal Limitations | | | | | | |
| | | | | | | | |
| _ | Height (m) | Weight (kg) | | | | | |
| | | | | | | | |
| L | | | | | | | |
| a) Does the applicant lack th | ne strength and flexibility need | led to: | | | | | |
| i) perform their normal du | ties such as mooring and lock | coperations? | YES | NO | | | |
| ii) physically assist other p | people who have fallen overbo | pard or who need to evacuate | YES | NO | | | |
| the vessel in an emerg | ency? | | | | | | |
| h) If the applicant works at a | on do thoy lack strongth and t | flexibility to get in and out of a | YES | NO | | | |
| moving life raft? Leave blank | nexibility to get in and out of a | | NO | | | | |
| c) le the applicant's build like | ally to interfere with the activitie | es listed above or prevent access | YES | NO | | | |
| | nited space? <i>If YES please gi</i> | • | IE3 | NO | | | |
| d) le there currently any disc | hility of the oning limbs or ho | nda likaly ta limit dution or agfaty | VEC 🗆 | NO | | | |
| procedures while working? | bility of the spine, limbs of hai | nds likely to limit duties or safety | YES | NO | | | |
| a) I loo the englisent had a le | | limb mucath cais 2 | VEC 🗆 | NO | | | |
| e) Has the applicant had a ki | nee/hip replacement or other l | limb prostnesis? | YES | NO | | | |
| , , | f) Does the applicant lack sufficient fitness to be responsible for the safety of fare paying | | | | | | |
| passengers (if applicable)? | | | YES | NO | | | |
| Section 8 – Respiratory S | Svstem | | | | | | |
| | | | | | | | |
| a) Is there a history of, or evi | dence of any of the following: | | | | | | |
| i) Sinusitis/Nasal Obstruc | ction | | YES | NO | | | |
| ii) Chronic Bronchitis and | YES | NO | | | | | |
| iii) Pneumothorax YES | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| Please continue to the next page > | | | | | | | |
| | | | | | | | |

| Section 8 – Respiratory System (continued) | | | | | | | | |
|--|--|-------------|-------|----|--|--|--|--|
| 8 a) iv) | 8 a) iv) Asthma | | | | | | | |
| Please | ensure you read the MCA asthma definitions below before answering the question | ons. | | | | | | |
| corticos | sthma – frequent episodes of wheezing requiring use of beta agonist inhaler or the introsteroid inhaler. Regular use of a preventer inhaler may effectively eliminate symptoms a nan occasional use of a rapid acting bronchodilator reliever inhaler. | | | | | | | |
| or cold | se or cold induced asthma – episodes of wheezing and breathlessness provoked by endinger to be effectively controlled by either long-term preventer inhalers, short term from to or during exercise or by oral medication. | | | | | | | |
| beta aç | ate asthma – frequent episodes of wheezing despite regular use of inhaled steroid (or sponist) treatment requiring continued use of frequent beta agonist inhaler treatment, or the tion, occasional requirement for oral steroids. | | | | | | | |
| | asthma – frequent episodes of wheeze and breathlessness, frequent hospitalisation, f treatment. | requent use | of or | al | | | | |
| Does t | he applicant have: | | | | | | | |
| If the a | nswer is YES to any of the below, please provide details in section 9. | | | | | | | |
| a) | History of severe childhood asthma with any symptoms at all present during the last five years? | YES | NO | | | | | |
| b) | Exercise or cold induced asthma? | YES | NO | | | | | |
| c) | Mild asthma that requires treatment with bronchodilator reliever inhalers (either alone or to supplement regular use of preventer inhalers) on more than two days a month? | YES | NO | | | | | |
| d) | Moderate or severe asthma as an adult? | YES | NO | | | | | |
| e) | Any hospital admissions over the last three years (due to asthma), or had oral steroid treatment for asthma during the last three years? | YES | NO | | | | | |
| Please | continue to the next page leaving the space below blank > | | | | | | | |
| | | | | | | | | |
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| | | | | | | | | |
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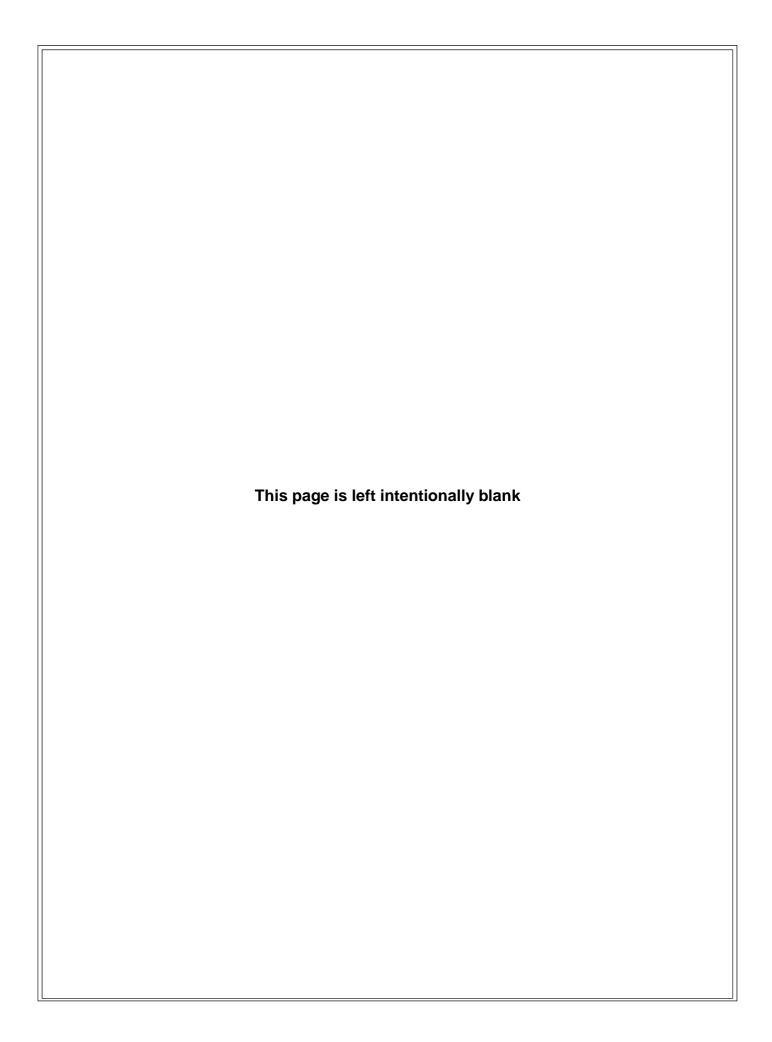
| Section 9 – Other Medical Conditions/Additional Information | | | | | |
|---|--|--|--|--|--|
| If you have ticked YES to any of the above questions or have written in the boxes below and so are not able to issue a certificate, this form will be referred to one of the MCA's Medical Assessors. | | | | | |
| a) If you have ticked YES to any of the questions, please look at the job requirements noted in Part B on page 2 and, you consider that there is any additional information which could help the Assessor, for instance about the nature of any treatments, prescribed medications, frequency and severity of condition, any associated risk factors or any indicators of prognosis, please give details below. | | | | | |
| b) If the applicant has a medical condition not included in the list of questions, please look at the job requirements noted on page 2 and, if you consider it may have any effect on their ability to meet these, please give details below . | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| c) Is the applicant taking any medication that can impair safety duties? (If yes, please specify medication in the box below) | | | | | |
| Examples: | | | | | |
| Has a warning in the product information leaflet indicating that they should not drive or work with moving machinery | | | | | |
| Psychoactive: Sleeping tablets, medications for mental health problems, sedating antihistamines (OTC or prescribed) | | | | | |
| May increase risk of sudden incapacitation: insulin May impair vision: hyoscine | | | | | |
| d) Is the applicant taking any medication with risk of acute complications? | | | | | |
| (If yes, please specify medication in the box below) | | | | | |
| Examples: Increases risk of bleeding: warfarin Danger if medications stopped: replacement hormones/insulin, anti-convulsants, anti-hypertensives, oral antidiabetics | | | | | |
| Anti-infection agents Anti-metabolites and cancer treatments Medications supplied to be used for emergencies: asthma, allergy | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Section 10 - Declaration | on by Ex | aminin | g Docto | r | | | | |
|--|------------------|------------------|-----------|------------|------------|-------------|---------------------------|--|
| certify that I am fully registered and hold a valid Licence to Practice with the UK General Medical Council, I have examined the applicant named in PART A and that my findings are recorded above in PART B of this report. | | | | | | | | |
| Please tick a, b or c as a | ppropri | ate. | | | | | | |
| a) There are no ticks in and retained a copy. | any " YE | S " box a | nd I have | e comple | eted the N | /IL5 certif | icate proforma at PART C | |
| b) There are ticks in "YI | ES " boxe | s in Sec | tion 1 – | 8, so I ha | ave not is | sued the | ML5 certificate. | |
| c) There is any other signer certificate | gnificant | medical | conditio | n detaile | d in Sect | ion 9, so | I have not issued the ML5 | |
| Date of Examination | D | D | M | M | Y | Υ | OFFICIAL STAMP | |
| GMC Number Signature of Examining Medical Practitioner Name (print) | | | | | | | | |
| Address (print) Telephone Number | | | | | | | | |
| Are you the applicant' | s Genera | al Practit | ioner? | | | YES 🗌 | NO 🗌 | |
| Usual Medical Practi | itioner o | r Medic | al Advis | or (if dif | ferent fr | om abov | e) | |
| Full name | | | | | | | | |
| Address | | | | | | | | |
| County | | | | | | | | |
| Postcode | | | | | | | | |
| | | | | | | | | |

PART C – ML5 Certificate

Notes for the completion of Part C

- If you have <u>not</u> ticked any "YES" box in Part B of this form and have not made comments in Section 9, please complete the following certificate proforma at Part C, OTHERWISE IT SHOULD BE LEFT BLANK.
- 2. A copy of the certificate should be retained by the Doctor for verification purposes.





ML5 CERTIFICATE OF FITNESS

based on the

MARITIME AND COASTGUARD AGENCY ML5 REPORT

| This is to certify that: | | |
|---|--|----------------------------------|
| Surname | | _ |
| Forename(s) | | |
| Date of Birth | | |
| | | |
| Post Code | | |
| Coastguard Agency (MC | ne for medical fitness in accordance with the criteria special. A) in the ML5 form and all assessment ticks are in the symments affecting fitness in Section 9. | |
| A practical test of capabi | lity for current duties has not been carried out. | Doctors Official Stamp |
| Signed (Medical Practitioner)_ | | |
| Name (Block Letters) | | _ |
| Address _ | | |
| Postcode | | _ |
| _ | This certificate is valid until* | _ |
| | D D M M Y Y | |
| *maximum 5 years | from date of issue or 65th birthday, whichever comes soonest. 1 year | r for those over 65 years of age |
| Date issued_ | GMC Registration Number | |
| Name of RYA / MO Endorsing Officer** | | RYA or MO Stamp |
| ** Endorsement is | only required for those applying for a BML or RYA endorsement | |
| Signature <u>.</u> | | |
| | | |

NOTES TO THE HOLDER OF THIS CERTIFICATE

It is your personal responsibility not to work when you are temporarily unfit to do so because of illness or injury. You must therefore tell the issuing authority (MCA or RYA), if during the validity of your ML5 certificate, you suffer from or develop any of the following:

- a) a serious health problem or injury where you do not fully recover;
- b) any of the conditions listed below:
 - epileptic seizures or sudden disturbances of consciousness
 - myocardial infarction (heart attack) or heart surgery
 - problems with heart rhythm
 - disease of the heart or arteries
 - uncontrolled blood pressure
 - diabetes requiring insulin treatment
 - stroke or unexplained loss of consciousness
 - head injury with continuing loss of consciousness
 - Parkinson's Disease or Multiple Sclerosis
 - mental or nervous problems including anxiety or depression
 - alcohol or drug dependency problems
 - · profound deafness
 - · serious deterioration in vision or long term eye disease

c) any other disability or illness (mental or physical) which affects your fitness to work, in particular to navigate safely and to be able to undertake emergency duties. For instance if you have diabetes and your treatment changes from diet or tablets to insulin.

Your BML/RYA endorsement will not be valid during your illness and you will need to obtain a new ML5 report/certificate once you have recovered in order for your licence to be reinstated.

Those not requiring a BML or RYA Endorsement do not need to have their ML5 certificates endorsed by the RYA or MCA Marine Office, but should retain them for inspection as necessary, noting the validity.

PART D - MEDICAL REVIEW - to be completed by the APPLICANT (where appropriate) Notes for the applicant - Incomplete or missing information will delay your application. ANY FORM SENT FOR REVIEW SHOULD NOT BE MORE THAN 3 MONTHS OLD AT THE TIME OF APPLICATION. 1. If there are ticks in any "YES" box in Section B, or if the Doctor has made remarks in Section 9, they cannot complete the ML5 certificate, and the MCA Marine Office/RYA cannot issue your BML/RYA endorsement. However, in these circumstances you have the right to have your case reviewed and the MCA Marine Office or RYA (only for RYA Commercial Endorsement applicants), can refer your form to an MCA Medical Assessor for a decision based on your fitness to undertake your work on a boat. 2. For the purposes of medical review, you may wish to provide further information regarding your fitness to hold a BML/RYA endorsement. This may include medical evidence from your GP, a specialist consultant or optometrist as appropriate. Medical evidence should be submitted with this form to your local MCA Marine Office or the RYA in an envelope marked "Private and Confidential" for forwarding to the MCA ML5 Medical Assessor. 3. The Medical Assessor may speak to your GP or specialist, rather than requesting written reports for which you would have to pay. Telephone calls often allow for evaluation of your health issues and the nature of your work. 4. Based on the evidence you have provided the MCA Medical Assessor will decide whether or not to issue an ML5 medical certificate. It will then be for the MCA Marine Office/RYA to decide whether the BML/RYA endorsement can be issued. To Sea **Categorised Waters** Details of vessel Vessel Size Type of Vessel Up to miles from point of departure Proposed area of operation miles offshore Up to Longest length of trip * mins/hours/days/weeks/months (*delete as applicable) Operational at night YES / NO (*delete as appropriate) Area of operation (including category) Type of operation involved (e.g. passenger pleasure trips, fish farm supplies, etc.) Other relevant risk factors (e.g. communications with shore based staff, nature of passengers, etc.) Holders of BMLs Additional crew with same qualifications Minimum Number of Crew (other than applicant) Unqualified but trained/experienced crew Trainees/others Passengers (where applicable) Maximum number of fare-paying passengers Medication (please list all prescribed medication you are currently taking including dosage), or write 'None' if appropriate Details of any regular review/monitoring of condition Privacy Notice: If your ML5 Report form is referred to an ML5 Medical Assessor the personal information collected on this form will be shared and managed by the Maritime and Coastguard Agency (MCA) to fulfil statutory duties under Merchant Shipping (Maritime Labour Convention) (Medical Certification) Regulations 2010. MCA will be notified of the ML5 Assessor's final decision. An anonymised record containing this information and the ML5 Assessor's rationale for the decision will be completed by the Assessor and submitted to MCA for audit purposes. For further information on how the MCA handle your personal information and your rights please see our Personal Information Charter. I authorise my doctor(s) and specialist(s) to release reports/medical information about my condition relevant to my fitness, to the MCA Medical Assessor. I authorise the Secretary of State to disclose such relevant medical information as may be necessary to the investigation of my fitness, to my doctor/s and MCA Medical Assessors. Signature of Applicant Date

